

Try using the mesh bag you buy onions in to fill with chunks of bread, leftover pancakes, stale muffins, etc. and hang it out for the birds. They don't like this long cold

Nutrition Quiz

From front page

Win prizes! More

questions will appear in the next two issues. Fill in your answers and keep them safely until the last week of March. Watch for more information!



A good sign that your houseplant needs repotting is the amount of room left for new growth. If roots are growing out of the drainage holes or encircling the pot, or if unhealthy-looking, brown ones are visible at

Definitions:

Vaccination: an Ouch of prevention

Amnesia: a Blank account



Think Spring!

To pass the long cold winter days, try browsing through the many seed catalogues available. They feature fabulous new items. It is sheer pleasure to look at colourful photos and dream of our own garden plots and how we can incorporate some new plants. Gardeners need to watch for plants that will flourish in our climate and soil type. Remember we are zone 3. Several zone 4 plants will do well if planted in the proper location. Some popular plants for this year's gardens include the grasses (purple millet); the wave petunias; hollyhocks which are making a comeback; and celosia yellow. Watch for violet petunias; gypsophilia (baby breath) in pinks or violet; the new varieties of begonias; calendula; and several varieties of dianthus and white lobelia.



- Susan Maxemuck, C&S Garden Center



911 Comes to Taché

The big news is that Emergency Services phone number 911 is in full operation for the whole R.M. of Taché. Please remember that



911 is an emergency number only and don't use this number for enquiries or regular police or fire business. The 911 number is only effective if we respect its intent!

Midwifery care...

is accessible to all women in South Eastman. The midwives have had their education and experience assessed by the College of Midwives of Manitoba and have completed an upgrading program recognized by the College.



Midwifery care is based on a respect for pregnancy as a state of health and childbirth as a normal physiological process. The profound birth experience carries significant meaning for a woman and her family. A midwife gives care to a woman and her baby during pregnancy, labour and birth, and for 6 weeks after birth by way of home or office visits.

Remember – if you would like to receive Communiqué via email just send us a note at news1@mts.net or you can read it online at www.loretteonline.ca



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