

Lorette Communiqué

Published monthly by volunteers

Please e-mail up-coming events to news1@mts.net or news2@mts.net or phone 878-2353 or 878-3547



Computer Trouble!

Due to server problems all email sent to News1 during the 1st two weeks of February never arrived. If you sent a request for email delivery of Communiqué, please send

Lorette Community Complex AGM

April 13
7:30 pm

Upstairs hall
Community Complex



Some interesting Internet Sites:

Health Care Questions:

www.sehealth.mb.ca

www.dietitians.ca

www.healthybrain.org

For teens with asthma:

www.project-a.ca

For all:

www.canadian-health-network.ca

www.meditationforhealth.com

“Our coach can really bring out the best in a team – too bad it’s always the other team!” -Funny

Coming Soon to Landmark and Lorette

The LUDs of Lorette and Landmark have contracted with Prairie Bylaw Enforcement for peace officers who will be responsible for enforcing all our bylaws.



This will include traffic enforcement such as speed control, seat belt use, parking infractions, and drag racing. Both LUDs are updating all the bylaws and will be correcting signage before this program goes into effect. Initially people will receive a warning and then tickets will be issued.

This initiative does not replace COPP but will be working in conjunction with the volunteers to insure the safety of our village and its citizens. Watch your mail for more information.

A Vision for Lorette

Looking to the future, for planned sustainable growth! That is the idea behind the Vision for Lorette. The Community Economic Development Committee, a group of community business people, under the leadership of Ross Deschambault from the LUD, has been working for several months to develop a plan for the next 20 to 40 years. With financial support from the CDEM they were able to hire a professional planner and together they have developed some exciting ideas for the future of Lorette. If you would like more information please call the RM Office at 878-3321 and they will forward you to the right people.

Nutrition Quiz (see over)

Which of these foods has the highest amount of calcium:

- 1 cup (250 ml) of milk
- 1 cup cooked broccoli
- 1 cup cooked kidney beans

Eggs belong in which food group

- milk products
- grain products
- meat and alternatives

According to Canada’s Food Guide to Healthy Eating, how many servings of Vegetables and Fruit should adults eat every day?

- 2 – 4
- 3 – 5

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- 5 – 10

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