

Childhood: The time of life when you make funny faces in the mirror.
Old Age: The time of life when the mirror gets even.

Schizophrenia Family and Friends Support group - meets the 4th Wed. of the month from Sept-June at 7pm at Jake Epp Library in Steinbach.

Diabetic Clinic
Blood Sugar Testing
 October 25th
 1:00 to 4:00 p.m.
 Pharmacie Seine
 By appt. or walk in

Eastman Crisis Centre
 204-326-6062
 The purpose of the Crisis Centre is to provide a safe and supportive environment for abused women and their children.

Yoga classes at Lorette Community Centre with Carla - 422-5796.
 Mondays at 5:30 pm starting Oct 17.
 \$100 for 10 week session or \$10 drop-in.

Just the two of us for dinner,
 Romantic to a fault –
 You can watch my fibre intake
 And I will watch your salt!

Boil Water Advisory

The LUD of Lorette has been under a boil water since summer. The water has been tested regularly twice a week. During the last six weeks it has come back as being safe. To ensure the total safety, the government requires an engineer's report. This has been completed and submitted but the boil water advisory cannot be removed until the government authorizes it. To ensure the long-term safety of the Lorette water supply, the LUD had devised a three-phase plan. More information will be available in the next LUD Times. In the meantime, a letter will be going to everyone on town water along with the next water bill.



Lorette Optimist Club
 presents

Family Halloween Dance and Party

for all ages

Friday, October 29th

7 – 10:30 p.m.

Dawson Trail School

Wear your costume

Snacks and drinks provided

Admission - 'a tin for the bin'



October is Seniors' Month: Take a moment to hug a senior and say thanks for the wonderful contribution they make in our community. Seniors started and run the food bank. Seniors operate Déjà Vu. Seniors organize the COPP program. Seniors help each other through the Club les Blés d'Or and New Horizon's Club. It was seniors who advocated for and developed the adult day program. And seniors write and distribute Communiqué.

Flu Shot Clinics.

If you missed the flu shot clinic in Lorette there are others close by. No excuse to miss out this shot for good health.

- Landmark – Thurs. Oct 27th 1:30 to 3:00
 Prairie Rose Apts. 219 First St.
- Ile des Chenes – Tues. Oct. 25th 10:00 to noon
 Villa des Chenes, 503 Main St.
- Ste. Anne – Tues. Oct. 25th 10:00 to noon
 Club Jovial, 157 Central Ave.

