

Lorette communiqué

Published by volunteers on the 1st and 3rd week of each month

Please e-mail up-coming events to news1@mts.net or news2@mts.net or phone 878-2353 or 878-3547

You'll live longer if you realize that any time spent being unhappy is

NEW at your LIBRARY!

We are excited to announce that we now have a BOOK RETURN BOX located just outside the doors of College Lorette Collegiate, for those times when you want to return your books but the library is closed. Please make use of this new service and we hope it will make using your library more efficient and pleasant!

"The opportunity of a lifetime must be seized in the lifetime of the

Youth Weekend
FEB 16-18

Jubenville Hall, Lorette
Amazing Band from Regina
Anointed speakers from
Into His Harvest
Hosted by
Seine River Church Youth

1 average a dairy cow in
lanitoba produces 20
litres
0 glasses) of milk each
day.

Riboflavin (B2) found in
milk makes it appear blue.

Why is lemon juice made
with artificial flavour,
and dishwashing liquid
made with real lemons?



Lorette Winter Carnival

Feb 22nd to 25th

Don't miss the fun!
Mark your calanders today!

Hé ho!! Hé ho!!

The graduating class of 2007 and the staff at Collège régional Gabrielle-Roy in Ile-des-Chênes would like to let you know that they have the spirit and *la joie de vivre* of the FESTIVAL DU VOYAGEUR and that they're so excited to welcome you all amongst them . . .

Come to the school and join us for our Pancakes and sausage breakfast on Thursday, February 15th from 7am - 1pm. Share in the spirit and the pride of our French Canadian heritage. Come tap your feet to the tunes of a time long ago, play the spoons and enjoy our special guests who promise to entertain you all morning. You'll never want to leave! Come be a part of this great feast! Share in our heritage and feel the warmth!

Ça . . . on s'la mérité!"



. . . tape la galette, les garçons, les filles avecque!"

Special guests : La troupe jeunesse de L'Ensemble folklorique and many other surprises await you.

For more information, contact Monique Guénette at 878-2147 anytime.

Soothe that winter skin.



The dry, cold winter can be hard on your skin, robbing it of moisture and leaving it dull, rough and even itchy. Low humidity, genetic predisposition, increasing age, certain medical conditions and skin disorders, such as eczema and dermatitis, can all contribute to dry skin . Here are some steps you can take to keep symptoms in check. Decrease the frequency and duration of showers and baths and lower the temperature of the water. Use less soap and avoid shower gels and deodorant soaps, which can be drying. Use a loofah or exfoliating product in the shower or bath to slough off flaky skin cells. Pat skin dry after washing and apply lotion while the skin is still moist, to lock moisture in. Use a vaporizer or humidifier in your home to replace moisture lost from the air when the heat is on. Wear gloves and scarves outdoors to protect your skin from the cold, harsh air.



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- Lorette Pharmacie
Dufresne